

## Senate Resolution 102 - Introduced

### SENATE RESOLUTION NO. 102

BY BOLKCOM

1 A Resolution urging Congress to require nutritional  
2 quality and options for school meals.

3 WHEREAS, the Richard B. Russell National School  
4 Lunch Act and the Child Nutrition Act of 1966 were  
5 enacted to safeguard the health and well-being of the  
6 nation's children; and

7 WHEREAS, a disproportionate rise in indicators of  
8 poor health among children is linked to diet; and

9 WHEREAS, a significant percentage of low-income  
10 children are considered at risk for obesity and  
11 diet-related degenerative diseases; and

12 WHEREAS, the American Academy of Pediatrics,  
13 the American Cancer Society, the American Dietetic  
14 Association, the American Diabetes Association, the  
15 American Heart Association, the Institute of Medicine,  
16 the United States Department of Agriculture (USDA), and  
17 the National Institutes of Health recommend high fiber  
18 foods, including fruits, vegetables, whole grains,  
19 and legumes, all of which contain fiber and essential  
20 nutrients, vitamins, and minerals, are low in fat and  
21 calories, and contain no cholesterol; NOW THEREFORE,

22 BE IT RESOLVED BY THE SENATE, That the Senate  
23 respectfully urges the Congress of the United States to  
24 require healthful options for students participating  
25 in meal service programs authorized under the Richard  
26 B. Russell National School Lunch Act and the Child  
27 Nutrition Act of 1966; and

28 BE IT FURTHER RESOLVED, That the Senate respectfully

1 urges the Congress of the United States to require the  
2 USDA to make available a greater variety of fresh and  
3 frozen produce, legumes, whole grains, nuts, and seeds  
4 throughout the commodities program that serves schools  
5 and children; and

6 BE IT FURTHER RESOLVED, That the appropriate state  
7 agencies and the Chief of the Bureau of Nutrition,  
8 Health and Transportation Services are encouraged to  
9 develop nutritionally sound school meal menus; and

10 BE IT FURTHER RESOLVED, That the Secretary of  
11 the Senate transmit a copy of this resolution to the  
12 Speaker of the United States House of Representatives,  
13 the members of Iowa's congressional delegation, and the  
14 United States Secretary of Agriculture.